

Dental tips Birth to 2 years



Teaching your child about cleaning their teeth

The age at which teeth appear in PWS appears to vary as widely, as it does in all children.

However, an issue which is very common in PWS is “sticky” or viscous saliva and decreased saliva, which can lead to enamel erosion. Dental hygiene is therefore very important.

Cleaning teeth should be done twice daily, beginning as soon as the first teeth appear. Start cleaning your child’s teeth with a very soft toothbrush, a washcloth or finger toothbrush pads. Not only will this help establish good dental habits and prevent tooth decay – this may help with oral motor stimulation and strengthening.

Make tooth-brushing fun. Don’t be afraid to vary things to keep it fun as well as novel. There are many fun toothbrushes which your child will like as they get older.

Further information

For more information about Oral Healthcare and PWS generally see <https://www.pwsa.co.uk/pdfs/oral-health-care-and-pws>

For more information about dental care for special needs generally, see www.dentalhealth.org/tell-me-about/topic/caring-for-teeth/dental-care-for-people-with-special-needs

Finding a dentist for your child with PWS

It is important for children with PWS to visit the dentist regularly, due to weak enamel and sticky saliva which may need attention.

Your own family dentist may be the ideal person to register your child with, especially if you have built up a good relationship with them, but you may wish to seek out a dentist with experience of children with special needs.

These are usually available via NHS community dental services – ask your health visitor or local hospital for details. Some children may be referred to a hospital dentist.

PWSA UK

Suite 4.4 , Litchurch
Plaza

Litchurch Lane
Derby DE24 8AA

T: 01332 365676

E: admin@pwsa.co.uk

W: www.pwsa.co.uk

Reg Charity No:
1155846

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